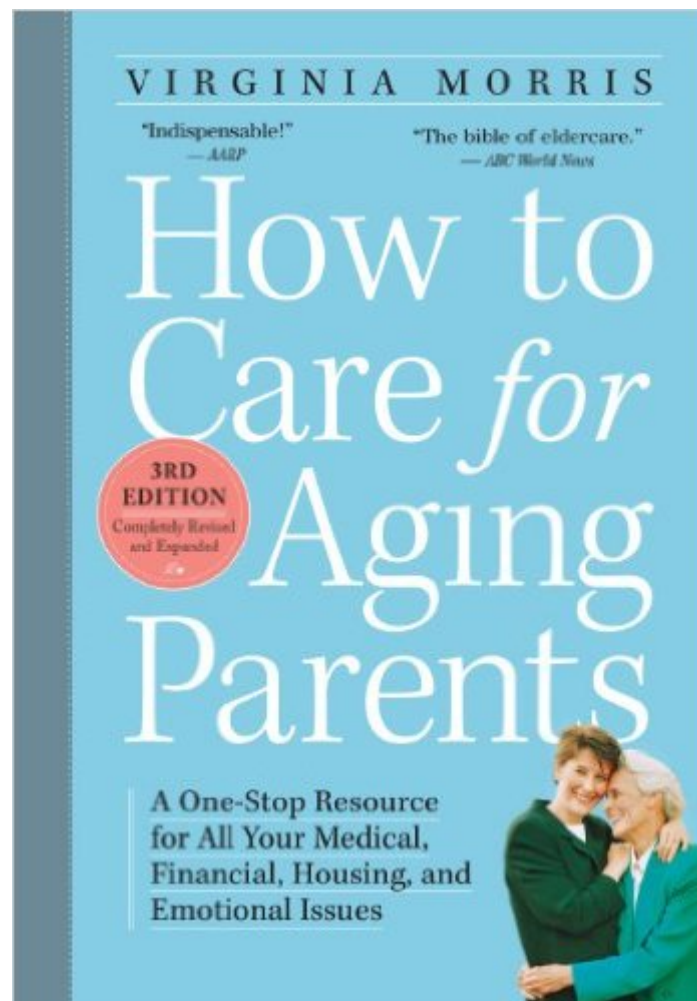


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# How To Care For Aging Parents, 3rd Edition: A One-Stop Resource For All Your Medical, Financial, Housing, And Emotional Issues



## Synopsis

â œThe bible of eldercareâ •â ”ABC World News. â œAn indispensable bookâ •â ”AARP. â œA compassionate guide of encyclopedic proportionâ •â ”The Washington Post. And, winner of a Books for a Better Life Award. How to Care for Aging Parents is the best and bestselling book of its kind, and its author, Virginia Morris, is the go-to person on eldercare for the media, appearing on Oprah, TODAY, and Good Morning America, among many other outlets. How to Care for Aging Parents is an authoritative, clear, and comforting source of advice and support for the ever-growing number of Americansâ ”now 42 millionâ ”who care for an elderly parent, relative, or friend. And now, in its third edition, it is completely overhauled and updated, chapter-by-chapter and page-by-page, with the most recent medical findings and recommendations. It includes a whole new chapter on fraud; details on the latest â œaging in placeâ • technologies; more helpful online resources; and everything you need to know about current laws and regulations. Also new are fill-in worksheets for gathering specifics on medications; caregiversâ™ names, schedules, and contact info; doctorsâ™ phone numbers and addresses; and other essential information in one handy place at the back of the book. From having that first difficult conversation to arranging a funeral and dealing with griefâ ”and all of the other important issues in betweenâ ”How to Care for Aging Parents is the essential guide.

## Book Information

Paperback: 688 pages

Publisher: Workman Publishing Company; 3 edition (February 11, 2014)

Language: English

ISBN-10: 0761166769

ISBN-13: 978-0761166764

Product Dimensions: 6.2 x 1.4 x 9 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ Â See all reviewsÂ (155 customer reviews)

Best Sellers Rank: #14,234 in Books (See Top 100 in Books) #8 inÂ Books > Parenting & Relationships > Aging Parents #2478 inÂ Books > Health, Fitness & Dieting #4285 inÂ Books > Reference

## Customer Reviews

I just had to give a review when I stumbled across this at . My father went from being healthy and independent to just the opposite in one day (from a fall- then into hospital, caught an infection and

went downhill from there.) There was a TON of things to figure out from medicare to power of attorney, where to place him, what to expect etc.... This book is written with such kindness and is full of information that is invaluable. At least for me, it was exactly what I needed. And if you're going through this, I wish you all the best.

Caring for my father and now my mother, this book saved me emotionally. I just don't know what I would have done without it. Open at any point and is easily understandable, a real tool with real solutions. Desperate friend calls it her Bible. Easily read, perfectly organized, concise, not cluttered where you have to dig for answers. It has everything, not just medical aspects. I can't say enough other than please just try it.

The most amazing book I have ever borrowed from a friend to read. It is a most important book to have especially if you are "caring" for an elderly parent (in this case, my 93 year old father) and living many miles away (in my case, 3,000 miles). It is so easy to navigate and it is definitely written for the layman--it gets right to the point and avoids the reader having to read on and on to get an answer. Very important facts in each chapter are highlighted in gray boxes. Thank you, Ms. Morris, for this great compilation on eldercare.

As we venture into this new and unknown territory - taking care to those whom we always depended on to take care of us - this is the first, second and only book you need. In a gentle and humorous way, Ms. Morris guides you through all of the aspects of this unknown road including the medical, legal, mental, physical, etc. Maybe my favorite chapter is the one in which Ms. Morris insists that you make sure of taking care of yourself first. I saw Ms. Morris on "Oprah" and bought the book for my "first parent". Now the book comes out "bigger, better, and improved" for my second parent. Strange to think that a book can be such a gift to our real lives. I can not recommend this book more strongly.

I picked this up to learn how I could help my mother take care of her father and found it extremely helpful. It is written in clear, understandable language, with several personal accounts scattered throughout, as well as information on where to go for more help. And you WILL need more help - but this book does a great job of pointing you in the right direction. It makes a very complex problem seem manageable. There are at least 50 pages at the back of the book that provide contact information on elder care agencies, geriatric care managers, elder care lawyers, etc.

As the number of "baby boomer" caregivers increases, so, too, has the number of books on how to best care for our aging parents. Virginia Morris book, *How To Care for Aging Parents*, is a personal favorite for several reasons. In layman's lingo she addresses almost every concern a caregiver might experience. She provides ample options and suggestions for dealing with those concerns. Additionally, she offers information on community and national resources to contact for help. Details relating to the physical, emotional, and cognitive aspects of aging are addressed as well as dying and bereavement issues. Likewise, housing alternatives, financial, and legal aspects are presented in a readable and clearly detailed manner. The challenge of caregiving for parents can be monumental at times. I only wish that this book had been in print sixteen years ago when I became a caregiver for my father following his stroke. Kudos to Virginia Morris for offering this much needed book. It will inform and encourage anyone who cares for our elderly.

This is a wonderful book, and will be helpful for anyone facing the inevitable issue of parents or other relatives growing older and needing care of any kind. Easy to read through, as I have just done, it is also a wonderful resource to pull off the shelf as these issues manifest, from talking to your parents about what needs to be discussed as soon as possible, to knowing when to intervene and when to get out of the way, what questions to ask whom, and what to expect. Information about contacts and agencies is liberally sprinkled throughout the book, and a helpful index at the back helps you to find whatever you need at a moment's notice. An initial read-through makes you familiar with what the book has to offer, making it more familiar as the needs arise. Highly recommended.

This book helped me tremendously as I struggled through a difficult time being both a parent to my children and having to care for an ill parent. The book is easy to use with helpful information and resources, as well as being emotionally supportive. Easily read, not cover to cover, but as I needed help and support at different moments I picked it up. I have kept it next to my bedside...

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